



GRASSBURGER

allergen information

	vegan	milk	eggs	wheat	soy	gluten	sesame	peanut	tree nuts	shell fish
BURGERS AND BOWLS										
Beef Burger Patty										
Black Bean Patty	x									
Grilled Chicken Patty										
Potato Bun		x		x		x				
Wheat Bun	x			x	x	x	x			
Gluten-Free Bun			x							
Earth Balance Margarine	x									
Quinoa and Rice Base	x									
Bacon										
Egg			x							
Cheddar Cheese		x								
Pepperjack Cheese		x								
Swiss Cheese		x								
Pico De Gallo	x									
Lettuce/ Arugula	x									
Tomato	x									
Pickle	x									
Onion	x									
Green Chile	x									
Sauteéd Onion	x									
Sauteéd Mushroom	x									
Guacamole	x									
Cabbage	x									

Vegan does not include any animal product. This chart does not account for cross-contact that may occur during preparation of the menu item. *Processed on shared equipment.



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SAUCES

Chipotle Mayo			x							
BBQ Sauce	x									
Serrano Sauce	x									

SALAD & DRESSINGS

Farm Salad		x	x							
Green Chile Ranch Dressing		x								
Ranch Dressing		x			x					

FRIES

French Fries	x				x					
Sweet Potato Fries	x				x					

SHAKES

Vanilla Shake		x								
Chocolate Shake		x								
Vegan Vanilla Shake	x									
Vegan Chocolate Shake	x									

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Grassburger prides itself on our food transparency. However we cannot guarantee that allergens have not been inadvertently introduced during food preparation. Our ingredient deck list, allergen and nutrition sheets are reliant upon supplier ingredient labels, which are not regulated. We are subject to unexpected supplier substitutions at times and can not guarantee the accuracy of the contents of each food item. It is ultimately our Guests' discretion to make informed choices based upon their individual dietary needs.



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BEVERAGES										
Mexican Coke	x									
Diet Coke	x									
Ceylon Ice Tea, unsweetened	x									
Zuberfizz Vanilla Creme	x									
Zuberfizz Fountain Sodas	x									
Dasani Water	x									
KID'S MEALS										
Grass-Fed Beef Burger & Fries				x	x	x	x			
Grilled Cheese & Fries				x	x	x	x			
Apple Juice	x									
COOKIE										
Otis Spunkmeyer Chocolate Chip		x	x	x	x	x				

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ingredient list

Beef Patties: 100% Grass-fed beef, salt and pepper.

Grilled Chicken Patty: Chicken Dark Meat, Seasoning (Salt, Dried Garlic, Spices Dried Onion, Sugar, Natural Flavors, Silicon Dioxide (Anti-Caking Agent), Contains Less Than 2% of Natural Smoke Flavor, Yeast Extract).

Black Bean Patty: Black beans, quinoa, certified gluten-free oats, certified gluten-free oat flour, onion, garlic, cilantro, parsley, salt and pepper.

(Canyon Bakehouse) Gluten Free buns: Water, brown rice flour, tapioca flour, organic agave syrup, whole grain sorghum flour, extra virgin olive oil, cultured brown rice flour, xanthan gum, eggs, whole grain millet flour, potato flour, sea salt, yeast, natural enzymes. Contains: EGG

Potato Bun: Unbleached enriched wheat flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid, enzyme, malted barley flour), water, sugar, salt, malt barley flour, potato flour, cultured wheat flour, calcium sulfate, enzymes, ascorbic acid, canola oil, yeast, vinegar, food starch-modified, sodium alginate, sunflower lecithin, buttermilk powder
Contains: WHEAT, MILK

Wheat Bun: Water, whole wheat flour, unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, wheat gluten, yeast, contains 2% or less of each of the following: soybean oil, salt, cultured wheat flour, monocalcium phosphate, sesame flour, enzymes, ascorbic acid, soy lecithin.
Contains: WHEAT, SOY, SESAME

Earth Balance: Natural oil blend (palm fruit, canola, olive oil), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten, sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), and colored with annatto extract.

Rice N' Quinoa: Short grain white rice, quinoa, garlic, onion, olive oil, kosher salt, black pepper, vegetable stock.

Guacamole: Avocado, tomato, jalapenos, cilantro, garlic, onions and salt.

Pico de Gallo: Tomatoes, onions, garlic, cilantro, jalapenos, limes, salt and pepper.

Bacon: Pork, water, vinegar, turbinado sugar, celery powder, sea salt.

French Fries: Potatoes, vegetable oil (contains one or more of the following oils: canola, soybean, cottonseed, sunflower, corn). Contains less than 2% of dextrose, salt and sodium acid pyrophosphate. Fried in GMO free rice bran oil. Sprinkled with salt and pepper.
Contains: SUNFLOWER or SOY possible.

Sweet Potato Fries: Sweet potatoes, vegetable oil (canola, soybean, cottonseed and/or sunflower), food starch-modified, contains 2% or less of leavening (sodium acid pyrophosphate, sodium bicarbonate), paprika oleoresin color, rice flour, salt, nutmeg, sugar, and xanthan gum. Fried in GMO free rice bran oil. Contains: SUNFLOWER or SOY possible.

Farm Salad: Mixed greens, red cabbage, pico de gallo, hard boiled egg, bacon, ranch dressing.

BBQ Sauce: Simply Heinz Ketchup, Heinz yellow mustard, apple cider vinegar, lemon juice, sugar in the raw, Serrano peppers, garlic onion, olive oil, kosher salt, pepper, chili powder, paprika.

Chipotle Sauce: Mayonnaise (Canola oil, cage free egg yolks, water, honey, vinegar, cage-free whole egg, less than 2% salt, spice, lemon, tocopherols (vit E), chipotle, onion, garlic, cilantro, limes and salt. Contains: EGG

Green Chile Ranch Dressing: Buttermilk, green chile, garlic, onion, salt, pepper, olive oil, spices, maltodextrin, dextrose, disodium inosinate, disodium guanylate, turmeric, autolyzed yeast extract, xanthan gum. Contains: MILK

Ranch Dressing: Salt, monosodium glutamate, garlic*, modified corn starch, spices, onion*, maltodextrin, less than 2% of: natural flavor, guar gum, calcium stearate, *dried.
Contains: MILK, SOY

Serrano Sauce:

Jalapenos, serranos, green chiles, garlic, olive oil, onion, salt, lime juice, apple cider vinegar.

SHAKES, COOKIE

OATLY Vegan Shake Base Ingredients: Oat base (water, oats). Contains 2% or less of: low erucic acid rapeseed oil, dipotassium phosphate, calcium carbonate, tricalcium phosphate, sea salt, dicalcium phosphate, riboflavin, vitamin A, vitamin D2, vitamin B12..

Milk Shake Ingredients: Milk, sugar, cream, whey, nonfat milk, contains less than 1% of: mono and diglycerides, guar gum, polysorbate 80, carrageenan, natural and artificial flavors, annatto (for color) and vitamin A palmitate. Contains: MILK

Otis Spunkmeyer Cookie Ingredients: Enriched bleached flour (bleached wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural vanilla extract), margarine (palm oil, butter [cream {milk}, salt], water, contains 2% or less of: salt, mono - and diglycerides, natural flavor, citric acid, vitamin a palmitate added, beta carotene [color]), eggs, contains 2% or less of: molasses, water, baking soda, salt, natural and artificial flavor.
Contains: EGGS, MILK, SOY, WHEAT

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